


schedule

September + October 2010




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Saturday	Class	Instructor	Where
8:30-10:15am	Hatha Yoga o.	Steve	YWI
10:30-11:30am	Hatha Yoga o.	Steve	YWI
Sunday			
9:00-10:30am	Hatha Yoga s.	Nancy	Hm studio
11:00-12noon	Hatha Yoga o.	Nancy	YWI
Tuesday			
10:00-11:00am	HathaYoga s.	Nancy	Hm studio
5:30-6:45pm	Yoga w/ Props s.	Nancy	YWI
7:15-8:30pm	On standing s.	Nancy	Hm studio
Wednesday			
9:00-10:00 am	Hatha Yoga s.	Nancy	Hm studio
5:15-6:45 pm	Hatha Yoga o.	Steve	CPGY
Thursday			
10:00-11:00am	Yoga+Feldenkrais	Nancy	YWI
11:15-12:15	HathaYoga s.	Nancy	Hm studio
7:15-9:00	Hatha yoga s.	Nancy	Hm studio
Friday			
10:00-11:30am	Hatha Yoga o.	Steve	CPGY

information

Contact



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Nancy or Steve at 831.662.9132
nancyfinleystudios.com
stevezlatunich.com

Locations:

Hm studio	our home studio
YWI	Yoga within studio
CPGY	Center for personal growth and yoga

Call or email us for directions.

We are also available for private yoga and Feldenkrais sessions at our home studio, call or email to make a reservation.

..... *we look forward to working with you*